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"Educational excursions by senior high students," Atlanta High Schoo! Journal, 2:5-6, March 15, 1924.
A list of the places visited by senior high-school students in Atlanta, Georgia, and the number of students visiting each is given.
"Improving high school commencements," American Educational Digest, 43:339-41, 366, 368, April, 1924.
A summary of practices and suggestions from almost twenty-five hundred educators is given, with quotations from a number. Data are included as to kinds of programs, the length of exercises, costs, and so forth.

## BULLETIN NO. 30

## BUREAU OF EDUCATIONAL RESEARCH COLLEGE OF EDUCATION

## THE DUTIES OF MEN ENGAGED AS PHYSICAL DIRECTORS OR ATHLETIC COACHES IN HIGH SCHOOLS

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THE

## PRICE 25 CENTS

## PREFACE

The research reported in this bulletin is limited to the collection and summarization of certain data relative to men who are employed as physical directors or athletic coaches. No attempt has been made to solve any problem. However, the information collected will be useful to those who are planning curricula in schools or departments of athletic coaching. When using any of the information presented in the following pages, one should bear in mind that the facts relate only to existing conditions and should avoid the error of assuming that it is desirable to perpetuate these conditions. For example, it was found that golf teams are coached by only 2.5 percent of the men from whom information was secured. This fact does not justify the conclusion that coaches do not need to be prepared to coach a golf team.

This study of the duties of physical directors and athletic coaches was made possible through the cooperation of a number of principals and superintendents, as well as of the men actually engaged in this division of school work. The fact that slightly more than 50 percent of the questionnaires were returned is worthy of comment. It indicates more than a passing interest in the inquiry. The Bureau of Educational Research is glad to acknowledge its indebtedness to all who have cooperated in the investigation.

Walter S. Monroe, Director.
March 29, 1926.

## THE DUTIES OF MEN ENGAGED AS PHYSICAL DIRECTORS OR ATHLETIC COACHES IN HIGH SCHOOLS ${ }^{1}$

Purposes and sources of information. The following pages present a summary of certain information relative to the duties of men engaged as physical directors or athletic coaches in high schools. The questionnaire used in collecting the information is reproduced in the Appendix in order to show the particular items of information asked for and the form in which the answers were given. Examination of the questionnaire will show that an effort was made to state the questions so that the answers would require relatively little writing and be given in a form that would facilitate the task of tabulating them.

On October 30, 1925, the letter reproduced on page 6 was addressed to the principal of the high school in every other city appearing in the Educational Directory issued by the Federal Department of Education for the year 1924, except those cities having a population of 50,000 or over according to the 1920 Federal census. In the case of these cities a letter was addressed to the superintendent of schools asking that he forward the enclosed copies of the questionnaire to a representative high school in his system with the request that they be filled out and returned to the Bureau of Educational Research. The letter also contained the following statements:
"If additional blanks are needed in order to make a complete report for this school, I shall be very glad to send them upon request."
"In the case of cities which have several high schools, we should like to secure a report from more than one of them. If it meets with your approval, will you kindly give us the names of the high schools other than the one to which you transmit the enclosed blanks. We shall then communicate directly with the principals of those schools."

Requests for additional copies of the questionnaire were received from several cities. A total of approximately 2300 copies were distributed, of which slightly more than 50 percent were returned. Of those returned a few were not filled out because the school had no physical director nor athletic coach. Others were incorrectly filled out

[^0]and several were received too late to be included in our tabulations, which represent 1032 questionnaires from 725 cities. The distribution of the sources of information with reference to size of city and geographical location is shown in Table I. The number of cities in each state is given immediately after its name. It will be noted that information was secured from all states except Wyoming. The geographical distribution is, however, not uniform; nearly half of the questionnaires being from states in the eastern and north central divisions. The large number of questionnaires from cities over 100,000 population is accounted for by the fact that such cities have several high schools and a highly developed plan of physical education.

October 30, 1925
To the High-School Priscipal:
At the suggestion of a number of persons interested in physical education, the Bureau of Educational Research is undertaking an analysis of the activities of men engaged as physical directors or as athletic coaches in high schools. Will you kindly hand the enclosed questionnaire to the proper member of your staff with the request that he answer the questions and mail the blank to the Bureau of Educational Research.

Although the information sought will be most helpful to those engaged in training physical directors and athletic coaches, a summary of the replies should be of interest to high-school principals and to those engaged in physical education and the coaching of athletic teams. A report of the analysis will be published as a bulletin of the Bureau of Educational Research and a copy will be mailed to all who contribute information.

Please note that the enclosed questionnaire asks for information from men only. An analysis of the activities of women engaged as physical directors is not being attempted.

I am enclosing only one copy of the blank. except in the case of the larger cities. If additional blanks are needed in order to make a complete report for your school, I shall be very glad to send them upon request.

Assuring you of our appreciation of your cooperation, I am
Very truly yours,
Walter S. Monroe, Director.
P. S. In case your school does not have either a physical director for men or an athletic coach, will you indicate this fact on the blank and return it.

Accuracy of information and tabulations. An examination of the questionnaires returned indicated that, although there were a few apparent absurdities, in general they had been filled out with care. Before the tabulations were begun, each report was examined and obvious errors corrected or eliminated from the items to be tabulated. All tabulations have been checked and it is reasonably certain that relatively few errors were introduced into this phase of the work. However, the reader should bear in mind that the questions were such that the answers are general in certain respects. For example, Question 7 asks concerning duties in connection with the physical education plant. The
TABLE I. DISTRIBUTION OF SOURCES OF INFORMATION

| Geographical Distributions |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Eastern States <br> Connecticut (18) <br> Maine (15) <br> Massachusctts (42) <br> New Hampshire (4) <br> New Jersey (24) <br> New York (53) <br> Pennsylvania (61) <br> Rhode Island (6) <br> Vermont (6) | North Central <br> Illinois (65) <br> Indiana (29) <br> Iowa (24) <br> Kansas (20) <br> Michigan (24) <br> Minnesota (23) <br> Missouri (20) <br> Nebraska (13) <br> North Dakota (4) <br> Ohio (38) <br> South Dakota (3) <br> Wisconsin (13) | South Atlantic <br> Delaware (1) <br> Florida (7) <br> Georgia (7) <br> Maryland (3) <br> North Carolina (7) <br> South Carolina (5) <br> Virginia (9) <br> Washington, D. C. (7) <br> West Virginia (5) | South Central <br> Alabama (7) <br> Arkansas (9) <br> Kentucky (9) <br> Louisiana (7) <br> Mississippi (2) <br> Oklahoma (11) <br> Tennessec (6) <br> Texas (31) | Western <br> Arizona (4) California (36) Colorado (11) Idaho (6) <br> Montana (3) Nevada (1) New Mexico (4) Oregon (6) Utah (3) Washington (13) Wyoming | Total |
| I Cities over 100,000... | $\begin{array}{r} 19 \\ 137 \end{array}$ | $\begin{aligned} & 16 \\ & 98 \end{aligned}$ | 7 13 | 25 | 7 53 | $\begin{array}{r} 55 \\ 326 \end{array}$ |
| II Cities 30,000 to 100,000 . <br> Questionnaires.......... | $\begin{aligned} & 26 \\ & 37 \end{aligned}$ | $\begin{aligned} & 29 \\ & 34 \end{aligned}$ | $\begin{aligned} & 5 \\ & 5 \end{aligned}$ | $\begin{aligned} & 5 \\ & 5 \end{aligned}$ | $\begin{aligned} & 5 \\ & 6 \end{aligned}$ | $\begin{aligned} & 70 \\ & 87 \end{aligned}$ |
| III Citics 10,000 to 30,000 . Questionnaires. | $\begin{aligned} & 51 \\ & 52 \end{aligned}$ | $\begin{aligned} & 50 \\ & 50 \end{aligned}$ | 112 | $\begin{aligned} & 15 \\ & 19 \end{aligned}$ | $\begin{aligned} & 15 \\ & 15 \end{aligned}$ | $\begin{aligned} & 142 \\ & 148 \end{aligned}$ |
| IV Cities 5000 to 10,000 . Questionnaires....... | 61 61 | $\begin{aligned} & 70 \\ & 74 \end{aligned}$ | $\begin{aligned} & 12 \\ & 12 \end{aligned}$ | $\begin{aligned} & 13 \\ & 13 \end{aligned}$ | $\begin{aligned} & 29 \\ & 29 \end{aligned}$ | $\begin{aligned} & 185 \\ & 189 \end{aligned}$ |
| V Cities 2500 to 10,000 . | $\begin{aligned} & 72 \\ & 72 \end{aligned}$ | $\begin{aligned} & 111 \\ & 114 \end{aligned}$ | $\begin{aligned} & 16 \\ & 17 \end{aligned}$ | $\begin{aligned} & 43 \\ & 44 \end{aligned}$ | $\begin{aligned} & 31 \\ & 35 \end{aligned}$ | $\begin{aligned} & 273 \\ & 282 \end{aligned}$ |
| Total Cities. Total Questionnaires. | $\begin{aligned} & 229 \\ & 359 \end{aligned}$ | 276 370 | 51 59 | 82 106 | 87 138 | $\begin{array}{r} 725 \\ 1032 \end{array}$ |

TABLE II. TYPES OF INSTITUTIONS EMPLOYING THE ATHLETIC COACHES AND PHYSICAL DIRECTORS REPLYING TO THE QUESTIONNAIRE

| Type of Institution | Number | Percent |
| :---: | :---: | :---: |
| Senior high school. | 678 | 66 |
| Senior high school and junior high school. | 135 |  |
| Senior high school, junior high school, and elementary school | 77 | 7.5 |
| Junior high school................ | 77 | 7.5 |
| Senior high school and elementary schonl.............................. ${ }^{\text {a }}$ - | 26 | 2.6 |
|  | 8 | . 8 |
| Elementary school. | 13 | 1.3 |
| Miscellaneous*. | 18 | 1.8 |
| Total Questionnaires. | 1032 |  |

[^1]four types of duties listed are very general and for this reason they were probably interpreted differently by different persons. Likewise, in most of the other questions an item checked may not always represent the same condition.

Types of institutions. Although the information concerning men employed as physical directors or athletic coaches was secured through the high-school principal, except in the case of the larger cities, it was realized that in some cases a man might have duties in another division of the school system, or perhaps might devote some of his time to a junior college or some other institution above the high-school level. Consequently it was thought desirable to ask concerning the type of institution in which the man was employed.

Four types of institutions were listed. (See page 20.) In many cases two or more were checked. Table II shows the distribution of the 1032 men according to the type of institution in which they are employed. Approximately two-thirds of the number devote their entire time to duties pertaining to a senior high school and an additional 13 percent are employed in a combined junior and senior high school.

In interpreting the facts given in Table II the reader should keep in mind that the investigation was planned as a study of the duties of physical directors or athletic coaches in high schools and that the information was secured largely through high-school principals. Hence, it is very unlikely that Table II indicates the provisions for physical training in public school systems. It merely states the institutional connections of the men responding to the questionnaire. The fact that only 20 percent of these men had duties in connection with an elementary

TABLE III. TYPES OF POSITIONS HELD BY ATHLETIC COACHES AND PHYSICAL DIRECTORS

| Type of Position | Size of City |  |  |  |  | Total | Percent |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 1 | II | 111 | IV | V |  |  |
| Teacher of physical education for men, and coach of athletic teams. | 191 | 45 | 44 | 47 | 53 | 380 | 37 |
| Teacher of physical education for men, coach of athletic teams, and teacher of non-athletic courses. | 10 | 4 | 21 | 29 | 66 | 130 | 13 |
| Coach of athletic teams and teacher of non-athletic courses. | 32 | 6 | 25 | 32 | 62 | 157 | 16 |
| Coach of athletic teams.......................... | 6 | 3 | 8 | 14 | 34 | 65 | 6.3 |
| Teacher of physical education for men, coach of athletic teams, and supervisor of physical education | 5 | 3 | 20 | 25 | 14 | 67 | 6.5 |
| Teacher of physical education for men........... | 40 | 7 | 5 | 1 | 1 | 54 | 5.3 |
| Coach of athletic teams and supervisor of physical education. | 4 | 7 | 12 | 18 | 8 | 49 | 4.8 |
| Teacher of physical education for men, teacher of physical education for girls, and coach of athletic teams. | 14 | 3 | 4 | 2 | 11 | 34 | 3.3 |
| Teacher of physical education for men, teacher of physical education for girls, coach of athletic teams, and supervisor of physical education.... |  | 2 | 2 | 7 | 9 | 20 | 2.0 |
| Supervisor of physical education................. | 16 | 1 |  |  | 3 | 20 | 2.0 |
| Teacher of physical education for men, coach of athletic teams, supervisor of physical education, and teacher of non-athletic courses. |  | 2 |  | 4 | 5 | 11 | 1.1 |
| Teacher of physical education for men, teacher of physical education for girls, and supervisor of physical education. | 2 |  | 1 | 2 |  | 5 | 5 |
| Teacher of physical education for men, and supervisor of physical education. | 1 | 3 | 2 | 3 |  | 9 | 9 |
| Teacher of physical education for men, teacher of physical education for girls, coach of athletic teams, and teacher of non-athletic courses...... |  |  | 2 | 1 | 3 | 6 | . 6 |
| Teacher of physical education for men, teacher of physical education for girls, coach of athletic teams, supervisor of physical education, and teacher of non-athletic courses. | 1 |  |  | 1 | 5 | 7 | 7 |
| Teacher of physical education for men, and teacher of non-athletic courses. | 2 |  |  | 1 | 3 | 6 | 6 |
| Coach of athletic teams, supervisor of physical education, and teacher of non-athletic courses. |  |  |  | 2 | 3 | 5 | . 5 |
| Supervisor of physical education and teacher of non-athletic courses. |  |  |  |  | 2 | 2 | . 2 |
| Teacher of physical education for men, and teacher of physical education for girls. | 2 |  | 1 |  |  | 3 | 3 |
| Teacher of physical education for girls and supervisor of physical education...................... . . |  | 1 | 1 |  |  | 2 | 2 |
| Total Questionnaires. | 326 | 87 | 148 | 189 | 282 | 1032 |  |

school or a college is not at all indicative of the relative provisions for physical education in these institutions as compared with high schools.

General character of duties. A general indication of the duties of the 1032 men is furnished by Table III. Teaching physical education classes for men and coaching athletic teams are, as might be expected, the outstanding types of work. A relatively small number ( 6.3 percent) devote all of their time to coaching athletic teams, but 37 percent indicated that all of their duties related to teaching physical education classes for men and coaching athletic teams. An analysis of Tab.e III

TABLE IV. DESCRIPTION OF ATHLETIC PLANT

| Description | Size of City |  |  |  |  | Total | Percent |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | I | II | III | IV | v |  |  |
| Basketball floor. | 281 | 85 | 131 | 163 | 235 | 895 |  |
| Small locker room | 127 | 45 39 | $\begin{array}{r}74 \\ +8 \\ \hline\end{array}$ | 86 58 58 | $\begin{array}{r}139 \\ 65 \\ \hline\end{array}$ | ${ }_{4}^{471}$ | 46 |
| Large locker room | 151 | $\begin{array}{r}39 \\ 28 \\ \hline\end{array}$ | 48 20 | 588 | 65 22 | 361 158 | 35 15 |
| Showers....... | 272 | 83 | 123 | 154 | 223 | 855 | $8+$ |
| Little apparatus. | 85 | 30 | 53 | 94 | 136 | 398 | 38 |
| Sufficient appa | 227 | 60 | 70 | 64 | 59 | 480 | 47 |
| Athletic field. | 171 | 61 | 100 | 129 | 194 | 655 | 45 |
| Tennis courts... | 132 | 3 | 5 | 79 | 119 | ${ }_{353}^{+66}$ | 35 |
| Number of Questionnaires.. | 326 | 87 | 148 | 189 | 282 | 1032 |  |

shows that approximately 32 percent of the men do some teaching of non-athletic courses. Thirteen percent of them combine this function with teaching physical education classes for men or coaching athletic teams. Only 7.5 percent reported teaching physical education classes for girls.

In interpreting this table the reader should bear in mind that the facts given merely describe present conditions and hence should not be interpreted as indicating the conditions that should prevail. Table III does not show that the teaching of non-athletic courses by physical directors or athletic coaches is undesirable; neither does it show that a combination of function is desirable. It merely states certain facts relative to existing conditions.

Table $\mathrm{IV}^{2}$ summarizes the information relative to the physical plant and equipment. It shows that 87 percent of the men reported a basketball floor. None of the other items of the table were checked by as large a percent. Only 15 percent indicated a swimming pool, but 35 percent stated that tennis courts were included in their plant. It appears that the available apparatus is inadequate in many high schools.

Table $V$ supplements the information given in Table IV. In interpreting Table $V$ the reader should bear in mind that, when two or more men are employed in a high school, the supervision of the plant is probably assigned to one. Hence, one should not expect that all men

[^2]TABLE V. FREQUENCY OF MENTION OF DUTIES IN CONNECTION WITH PHYSICAL EDUCATION PLANT

| Duties | Size of City |  |  |  |  | Total | Percent |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | I | II | III | 1 V | V |  |  |
| Supervise sanitation of gymnasium.Supervise conditioning of: | 200 | 57 | 80 | 99 | 132 | 568 | 55 |
|  | 125 | 41 | 86 | 113 | 192 | 557 |  |
| Playground... | 120 | 37 | 73 | 98 | 170 | 498 | 48 |
| Tennis courts. | 104 | 36 | 70 | 95 | 167 | 472 |  |
| Supervise sanitation of swimming p |  | 20 | 11 | 7 | 14 | 86 | 8.4 |
| Supervise the care of equipment... | 230 | 68 | 121 | 153 | 231 | 803 |  |
| Number of Questionnaires. | 326 | 87 | 148 | 189 | 282 | 1032 |  |

TABLE VI. SPORTS IN WHICH TEAMS ARE COACHED

| Sports | Size of City |  |  |  |  | Total | Percent |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | I | II | III | IV | V |  |  |
| Football | 141 | 59 | 124 | 160 | 233 | 717 | 69 |
| Basketball | 150 | 61 | 121 | 165 | 256 | 753 | 73 |
| Track. | 147 | 48 | 93 | $14+$ | 211 | 643 | 63 |
| Soccer.. | 118 | 37 | 80 | 110 | 166 | 511 |  |
| Tennis. | 32 | 11 | 15 | 25 | 52 | 135 | 13 |
| Golf. | 12 | 6 | 2 | 2 | 3 | 25 | 2.5 |
| Wrestling. | 14 | 6 | 6 | 12 | 14 | 52 | 5.1 |
| Swimming. | 44 | 18 | 5 | 8 | 9 | 84 | 8.2 |
| Bozing. | 11 | 8 | 4 | 8 | 10 | 41 | 4.0 |
| Cross Country | 35 | 13 | 14 | 15 | 12 | 89 | 8.7 |
| LaCrosse.. |  | 1 |  | 1 |  | , | . 3 |
| Number of Questionnaires. | 326 | 87 | 148 | 189 | 282 | 1032 |  |

TABLE VII. NUMBER OF SPORTS PER COACH


would report duties under this head. In connection with the supervision of the conditioning of athletic field, playground, or tennis courts, some of the correspondents checked item 7b, "Supervise conditioning of athletic field, playground, and tennis courts," while others checked one or two of the sub-items. The latter condition made it desirable to tabulate the three sub-items separately, but in doing so it was necessary to count each of them as having been checked when the whole item was checked. Hence, the frequencies for "athletic field," "playground" and "tennis courts" are probably larger than they should be. For example, Table V states that 46 percent of the men reported supervising the conditioning of tennis courts, while Table IV states that only 35 percent of the men reported tennis courts as a part of their plant. ${ }^{3}$

Duties of Coaches. Question 8 asked: "In what sports are you now coaching a team, or expecting to coach a team during the present school year, to represent your school in competition with teams from other schools?" The replies are summarized in Table VI. Basketball is the most frequently mentioned sport. However, football, track, and baseball are also clearly outstanding sports. The other sports listed in Question 8 are included in the athletic programs of relatively few high schools. ${ }^{4}$

Table VII summarizes the number of sports per coach. Over onethird coach teams in three sports and one-fourth handle four sports. The number who coach teams in five or more sports is slightly more than double the number who confine their coaching to a single sport.

Table VIII compares the coaching of teams with the provisions for the sport. Coaching a football team was reported by 712 correspondents but only 70 percent of them indicated that the school provided an athletic field. If the replies are assumed to be valid, this means that 30 percent of the coaches must take their teams to a field off of the school property.

[^3]Activities in which classes are taught. Question 9 asked: "In what activities are you now teaching, or expecting to teach during the present school year, regular physical education classes?" The replies to this question are summarized in Table IX. In interpreting this table, the reader should bear in mind the distinction between "teaching regular physical education classes" and "coaching a team to represent your school in competition with teams from other schools."

The most frequently mentioned activities are calisthenics (free exercise), group games, basketball, relay racing (mass type), marching, track and field and volley ball. Each of these seven activities was mentioned by more than 50 percent of those replying to the questionnaire. The only activities not reported by at least 10 percent of the correspondents are golf ( 3.6 percent), winter sports ( 6.6 percent) and folk dancing ( 7.2 percent).

## TABLE VIII. PROVISIONS FOR SPORTS

| Sports | $\begin{aligned} & \text { Number } \\ & \text { of } \\ & \text { Men } \\ & \text { Coaching } \end{aligned}$ | Percent Reporting Necessary Facilities |
| :---: | :---: | :---: |
| Football. | 712 | 70 |
| Track. | 638 | 67 |
| Baseball. | 510 | 65 |
| Basketball. | 748 | 89 |
| Tennis.. | 132 | 58 |
| Swimming. | 84 | 55 |

Non-instructional duties. Questions $10-15$ inclusive relate to certain non-instructional activities. The replies are summarized in Table X. It appears that most coaches are responsible for keeping the members of their teams in good physical condition. The rendering of first aid at school and giving physical examinations or assisting in the giving of them are important duties. A relatively small number ( 28 percent) reported that they attempted to improve health conditions in the homes and community. Slightly less than one-half of the coaches (49 percent) reported that they carried on publicity work in connection with advertising games, health campaigns, and so forth. Only 8.2 percent reported making "many public speeches." In connection with this last item it should be noted that nearly one-fourth of the correspondents failed to respond to either of the questions concerning public speeches.

It appears that most coaches and physical directors ( 77 percent) purchase equipment but only slightly more than one-third "manage the

TABLE IX. ACTIVITIES IN WHICH REGULAR PHYSICAL EDUCATION CLASSES ARE TAUGHT

| Activities | Size of City |  |  |  |  | Total | Percent |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | I | II | III | IV | V |  |  |
| Football | 98 | 50 | 73 | 85 | 109 | 415 | 40 |
| Basketball. | 188 | 68 | 99 | 119 | 149 | 623 | 60 |
| Track and field | 193 | 59 | 79 | 108 | 128 | 567 | 55 |
| Baseball. | 151 <br> 110 <br> 103 | 42 <br> 2 | 66 40 | 80 35 | 105 | $4{ }_{2} 4$ | 43 |
| Volley ball. | 193 | 56 | 79 | 106 | 114 | 548 | 53 |
| Playground ball. | 136 | 46 | 57 | 67 | 76 | 382 | 37 |
| Hand ball.. | 26 | 14 | 13 | 22 | 35 | 110 | 11 |
| Tennis.. | 42 | 23 | 25 | 29 | 55 | 174 | 17 |
| Golf.. | 14 | 14 | 3 | 2 | 4 | 37 | 3.6 |
| Boxing. | 44 | 23 | 26 | 35 | 39 | 167 | 16 |
| Wrestling. | 50 | 23 | 35 | 44 | 26 | 178 | 17 |
| Group games | 231 | 61 | 92 | 117 | 113 | 614 | 60 |
| Relay racing (mass type) | 227 | 65 | 87 | 108 | 112 | 599 | 58 |
| Combative contests (hand-wrestle, etc.) | 147 | 38 | 54 | 63 | 50 | 352 | 34 |
| Individual athletics (rope climb, high jump, etc.).. | 203 | 56 | 78 | 83 | 79 | 499 | 48 |
| Tumbling stunts....... . . . . . . . . . . . . . . . . . . . . . | 165 | 49 | 63 | 78 | 76 | 431 | 42 |
| Apparatus stunts | 205 | 55 | 65 | 65 | 62 | 452 | 44 |
| Pyramids....... | 94 | 38 | 47 | 61 | 51 | 291 | 28 |
| Gymnastic dancing | 71 | 16 | 25 | 26 | 23 | 161 | 16 |
| Folk dancing.. | 20 | 9 | 15 | 11 | 19 | 74 | 7.2 |
| Swimming. | 58 | 32 | 17 | 17 | 19 | 143 | 14 |
| Life saving. | 44 | 23 | 17 | 19 | 16 | 119 | 12 |
| Winter sports (skating, ice hockey, etc.) | 24 | 11 | 7 | 13 | 13 | 68 | 6.6 |
| Marching. ......... | 220 | 68 | 82 | 105 | 103 | 578 | 56 |
| Calisthenics (free exercise)..................... | 255 | 73 | 107 | 133 | 153 | 721 | 70 |
| Exercises with hand apparatus (wands, dumbells, etc.) | 152 | 44 | 49 | 59 | 53 | 357 | 35 |
| Corrective gymnastics for individual defectives. | 162 | 46 | 57 | 69 | 63 | 397 | 39 |
| Nunber of Questionnaires. | 326 | 87 | 148 | 189 | 282 | 1032 |  |

finances relative to athletics." Since 70 percent indicated that they make out their own program of physical education activities, it is probably true that men in charge of physical education have almost complete freedom in regard to the planning of their programs.

Duties in connection with intra-mural activities were indicated by 56 percent but it appears that relatively few athletic coaches and physical directors promote or direct Boy Scout work ( 9.5 percent). Onefifth reported the promotion and direction of general recreational work for the high-school faculty or some other adult group. Working in a summer camp was reported by 22 percent.

Table XI summarizes the replies to Question 16 "Check the condition (only one) which you consider most essential to retaining your present position. ${ }^{5}$
a. Personal character
d. Placating superior school officers
b. Political influence
e. Teaching ability
c. Winning teams
f. Popularity in community"

[^4]TABLE X. NON-INSTRUCTIONAL DUTIES OF ATHLETIC COACHES AND PHYSICAL DIRECTORS


TABLE XI. CONDITIONS CONSIDERED MOST IMPORTANT FOR RETAINING PRESENT POSITION

| Conditions | Size of City |  |  |  |  | Total | Percent |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | I | II | III | IV | V |  |  |
| Personal character. | 97 | 35 | 53 | 70 | 108 | 363 | 43 |
| Political influence. | 9 | 9 | 14 | 1 | $\begin{array}{r}2 \\ 3 \\ \hline\end{array}$ |  | 11.6 |
| Placating superior school officer | 7 | 1 | 1 | 3 | 5 | 18 | 11.2 |
| Teaching ability ... | 150 | 22 | 45 | 48 | 67 | 332 | 39.4 |
| Popularity in community. | 1 | - 5 | 3 | + 6 | 17 | 32 | 3.8 |
| Total Questionnaires. | 264 | 72 | 119 | 148 | 238 | $8+1$ |  |

"Personal character" was named by slightly more than two-fifths (43 percent) and "teaching ability" by a slightly smaller proportion (39 percent). Only five men checked "political influence" and "winning teams" was indicated by only 91 ( 11 percent). "Popularity in the community" was checked by only 32 but 17 of these are in the fifth group of cities (population 2500-4999), which suggests that this is a much more important factor in small communities.

TABLE XII. PROFESSIONAL TRAINING OF ATHLETIC COACHES AND PHYSICAL DIRECTORS DISTRIBUTED ACCORDING TO SIZE OF CITY


[^5]Training of athletic coaches and physical directors. Tables XII and XIII present a summary of the information secured relative to the professional training for teaching physical education. Only 822 of the correspondents supplied this information and the answers received indicated that a number of these had not clearly understood the request. The question was intended to ask concerning the amount of training which might be considered professional in the special field of physical education. It is likely that those reporting more than one hundred weeks of training included the total time spent in college. Although the question was not asked, several indicated that they had graduated from the institution attended. The reader should bear this in mind and not conclude that only 56 percent of the correspondents were college graduates. It is likely that many of those reporting " 100 weeks or more" are college graduates.
TABLE XIII. AMOUNT OF TRAINING OF ATHLETIC COACHES AND PHYSICAL DIRECTORS DISTRIBUTED ACCORDING TO TYPE OF POSITION

| Type of Position | 1 summer session | 2 or more summer sessions | 1 or more semesters less than a total of 100 weeks | 100 weeks or more | Graduates* | 'Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Teacher of physical education for men, and coach of athletic teams. . . . . . . . . | 21 | 26 | 122 | 132 | 37 | 338 |
| Teacher of physical education for men, coach of athletic teams, and teacher of non-athletic courses. | 13 | 13 | 44 | 25 | 2 | 97 |
| Coach of athletic teams and teacher of non-athletic courses.............. | 25 | 15 | 27 | 18 |  | 85 |
| Coach of athletic teams............... . . . . . . . . . . . . . . . . . . . . . . . . . | 10 | 2 | 11 | 10 |  | 33 |
| Teacher of physical education for men, coach of athletic teams, and supervisor of physical education. | 5 | 9 | 21 | 26 | 4 | 65 39 |
| Coach of athletic teams and supervisor of physical education. . . . . . . . . . . . . | 1 | 1 | 14 | 18 | 5 | 39 |
| Teacher of physical education for men, teacher of physical education for girls, and coach of athletic teams. |  | 1 | 10 | 22 | 1 | 34 |
| Teacher of physical education for men, teacher of physical education for girls, coach of athletic teams, and supervisor of physical education............. | 1 | 1 | 2 | 8 | 4 | 16 |
| Teacher of physical education for men, coach of athletic teams, supervisor of physical education, and teacher of non-athletic courses. |  | 1 | 4 | 3 |  | 8 |
| Teacher of physical education for men, teacher of physical education for girls, and supervisor of physical education. |  | 1 | 1 | 2 |  | 4 |
| Teacher of physical education for men, and supervisor of physical education.... |  | 1 | 1 | 6 | 1 | 9 |
| Teacher of physical education for men, teacher of physical education for girls, coach of athletic teams, and teacher of non-athletic courses | 1 |  | 2 |  |  | 3 |
| Teacher of physical education for men, teacher of physical education for girls, coach of athletic teams, supervisor of physical education, and teacher of non-athletic courses | 2 |  | 2 | 3 |  | 7 |
| Teacher of physical education for men. . . . . . . . . . . . . . . . . . . . . . | 1 | 1 | 23 | 25 | 1 | 51 |
| Teacher of physical education for men, and teacher of non-athletic courses.... |  |  | 2 | 3 |  | 5 |
| Coach of athletic teams, supervisor of physical education, and teacher of nonathletic courses. | 1 |  | 1 | 1 |  | 3 |
| Supervisor of physical education and teacher of non-athletic courses......... |  |  |  | 1 |  | 19 |
| Supervisor of physical education...................................... |  |  | 8 | 10 | 1 | 19 |
| Teacher of physical education for men, and teacher of physical education for girls. <br> Teacher of physical education for girls, and supervisor of physical education. |  | 1 | 1 | 2 1 |  | 3 2 |

[^6]
## APPENDIX*

## UNIVERSITY OF ILLINOIS <br> COLLEGE OF EDUCATION <br> URBANA

BUREAU OF EDUCATIONAL RESEARCH
OFFICE OF DIRECTOR

## A Questionnaire to Determine the Activities of Men Engaged as <br> Physical Directors or as Athletic Coaches in High Schools ${ }^{1}$

This questionnaire, which is transmitted to you through the principal of your high school, is for the purpose of ascertaining the particular types of activities in which directors of physical education and athletic coaches engage. It is hoped that all directors and coaches who receive a copy of this questionnaire will supply the information called for.

The merits of the analysis will depend largely upon securing accurate information. You are therefore urged to read each of the questions carefully. These have been constructed so that very little writing in answering them will be required.

A report of the analysis will be published as a bulletin of the Bureau of Educational Research and a copy will be mailed to all who contribute information. The date of publication will be determined largely by the promptness with which you reply to this questionnaire.

When the questions on the following pages have been answered, return this blank to the Bureau of Educational Research, University of Illinois, Urbana, Illinois. A stamped envelope is enclosed for your convenience.

[^7]School
City
State
Have you had professional training for teaching physical education?
If so, in what institutions:
How many weeks?
$\qquad$
$\qquad$
$\qquad$
$\qquad$

1. In what type or types of schools are you now teaching? (Answer this question by checking the appropriate statement or statements.)
a. Junior high school or upper grades.
b. Senior high school.
c. College, normal school or university.
d. Elementary school (Grades I to VI or V to VIII).
2. What is the general character of your position? (Answer this question by checking the appropriate statement or statements.)
a. Teacher or director of physical education for men.
b. Teacher or director of physical education for girls.
c. Coach of athletic teams.
d. Supervisor of physical education in a school system.
e. Teacher of non-athletic courses, such as history, mathematics, shop work, etc.
3. Do you have a gymnasium? If so. check in the following list the terms which best describe your gymnasium and its equipment.
a. Basketball floor. (895) ${ }^{2}$
b. Locker room. (small, 471; large, 361)
c. Swimming pool. (158)
d. Showers. (855)
e. Little apparatus. (398)
f. Sufficient apparatus for needs of classes. (480)
4. Do you have an athletic field as a part of your plant? (Yes, 655; No. 319)
5. Do you have a playground as a part of your plant? (Yes, 466; No, 442)
6. Do you have tennis courts? (Yes, 353; No, 585)
7. What are your duties in connection with your plant?
a. Supervise sanitation of gymnasium. (568)
b. Supervise conditioning of athletic field (1) (557), playground (2) (498) and tennis courts. (3) (472)
c. Supervise sanitation of swimming pool. (86)
d. Supervise the care of equipment. (803)

[^8]8. In what sports are you now coaching a team, or expecting to coach a team during the present school year, to represent your school in competition with teams from other schools? Note that the question calls for naming the sports in which you are now coaching or will coach a team during the present year. Do not name the sports in which you can coach teams.
a. Football. (717)
b. Basketball. (753)
c. Track. (643)
d. Baseball. (511)
e. Soccer. (75)
f. Tennis. (135)
g. Golf. (25)
h. Wrestling. (52)
i. Swimming. (84)
j. Boxing. (41)
k. Cross Country. (89)

1. LaCrosse. (3)
m.
п. .....................................................................
o. $\qquad$
2. In what activities are you now teaching, or expecting to teach during the present school year, regular physical education classes?
a. Football. (415)
b. Basketball. (623)
c. Track and field. (567)
d. Baseball. (444)
e. Soccer. (253)
f. Volleyball. (548)
g. Playground ball. (382)
h. Hand ball. (110)
i. Tennis. (174)
j. Golf. (37)
k. Boxing. (167)
3. Wrestling. (178)
m. Group games. (614)
n. Relay racing (mass type). (599)
o. Combative contests (hand-wrestle, etc.). (352)
p. Individual athletics (rope climb, high jump, etc.). (499)
q. Tumbling stunts. (431)
r. Apparatus stunts. (452)
s. Pyramids. (291)
t. Gymnastic dancing. (161)
u. Folk dancing. (74)
v. Swimming. (143)
w. Life saving. (119)
x. Winter sports (skating, ice hockey, etc.). (68)
y. Marching. (578)
z. Calisthenics (free exercise). (721)
aa. Exercises with hand apparatus (wands, dumbbells, etc.). (357)
bb. Corrective gymnastics for individual defectives. (397)
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[^0]:    ${ }^{1}$ S. C. Statey, Associate Professor of Physical Education and Athletic Coaching, suggested this investigation to the writer and assisted in the preparation of the questionnaire used in collecting the data. The tabulation of the data was under the immediate direction of J. A. Clark, Assistant, Bureau of Educational Research.

[^1]:    *This group includes those who reported a college among the institutions in which they were working.

[^2]:    ${ }^{2}$ The fifth and sixth items of the third question (3e and 3f) relative to apparatus were apparently not correctly interpreted by some of the correspondents. In the second group of cities the sum of the frequencies of two items is greater than the total number of questionnaires, but in other groups the sums are distinctly less.

    In some cases the correspondent stated that he used an athletic field, playground or other facilities which were not owned by the school. Such responses were eliminated.

[^3]:    ${ }^{3} \mathrm{~A}$ comparison of the responses to Question 7 with those for Questions 3-6 revealed some apparent absurdities. For example, a few men reported "supervising the conditioning of tennis courts" as a duty but stated that their plant did not include a tennis court. In some of these cases the explanation was volunteered that they used courts in a city park. It is likely that most or possibly all of the apparent errors could be explained in this way.
    ${ }^{4}$ Reference to Table III will show that only 101 men did not include coaching in describing the position held. For this reason the percents in the last column of Table VI, which were calculated by using 1032 as a base, do not represent the proportion of coaches who coach teams in the sports listed, but rather the proportion of the total number replying to the questionnaire who coach teams. If 931 ( $1032-101$ ) had been used as a base, the percents would of course be larger and have a somewhat different meaning.

[^4]:    ${ }^{5} \mathrm{~A}$ few of the correspondents checked two or more items. Their replies were not included in the tabulation.

[^5]:    *The questionnaire did not ask for this item of information. Hence, the number of graduates should be interpreted to mean merely the number who volunteered the information.

[^6]:     the information.

[^7]:    ${ }^{1}$ This questionnaire was printed as a 4 page folder $81 / 2 \times 11$.

[^8]:    ${ }^{2}$ The numbers in parentheses represent the responses to the several questions.

